

LIABILITY WAIVER

I/We will not hold the Valleybrook Gators Swim Team Board/Coaches and/or Valleybrook Country Club liable for any/all injuries and/or accidents that occur while my child is participating in practices or at meets, either at home or away. In the event that I or emergency contacts are not available, I give my permission to the coaches or lifeguards to provide first aid and/or CPR for the child listed below and to take the appropriate measures including contacting the Emergency Medical Services (EMS) and arranging transportation to the nearest emergency medical facility. At no time will the coaches or lifeguards drive an injured or ill child to an emergency facility.

Print Parent/Guardian Name _____

Swimmer(s) Name(s) _____

Parent / Guardian Signature _____

Parent / Guardian Home Phone _____

Parent / Guardian Work Phone _____

Parent / Guardian Cell Phone _____

Date _____

Family Name _____

of children participating _____

Amount paid _____

Cash _____

Check (check #) _____

SWIMMER PLEDGE (one per family)

As a member of the Valleybrook Swim team I understand that swimming is a team sport and my actions affect others.

I pledge the following to myself, my teammates, my coaches, and the Valleybrook Country Club:

- *I will practice good sportsmanship at all times.*
- *I will be respectful to my coaches, teammates, and competitors.*
- *I will listen to my coaches and apply what they are teaching me.*
- *I will set a good example for my teammates.*
- *I will work hard and try my best.*
- *I will come to practice and meets on time and ready to swim.*
- *I will refrain from unacceptable behavior and language.*
- *I will encourage my teammates as they strive to achieve their goals.*
- *I will follow the Valleybrook Country Club Pool rules at all times.*

I have read the above pledge with my parent(s) and hereby accept the responsibilities of being a member of the Valleybrook Swim Team. (All children sign)

Swimmer(s) Name (Print) _____

Swimmer(s) Signature(s) _____

Parent Signature _____

Date _____